

FLU FACTS AT 50+ KNOWING COULD HELP SAVE YOUR LIFE

IN TWO STUDIES, THE FLU AND CARDIOVASCULAR DISEASE
WERE SHOWN TO MAKE ADULTS:

~6-10X MORE LIKELY TO SUFFER A HEART ATTACK
WITHIN THE FIRST 3-7 DAYS AFTER GETTING THE FLU^{a,b}

~8X MORE LIKELY TO SUFFER A FIRST STROKE
IN THE FIRST 3 DAYS AFTER GETTING THE FLU^c

THE FLU AND DIABETES MAY BE ASSOCIATED WITH:

3X THE RISK OF
HOSPITALIZATION

4X THE RISK OF
ICU^d ADMISSION

2X THE RISK OF
DEATH

STUDIES HAVE SHOWN THE FLU TO BE LINKED TO
MAJOR CAUSES OF HOSPITALIZATION IN ADULTS 65+ INCLUDING:



**PNEUMONIA
& COPD^e**



**HEART
DISEASE**



STROKE

^a ~6X based on a study of 364 people.

^b ~10X based on a study of 1989 people.

^c ~8X based on a study of 1989 people.

^d ICU = Intensive care unit.

^e COPD = Chronic obstructive pulmonary disease.

**IT IS CRITICAL TO UNDERSTAND
THE IMPACT OF THE FLU AT YOUR AGE**

FLU FACTS AT 50+ KNOW THE POSITIVE IMPACT OF FLU VACCINATION

THE FLU VACCINE IS PROVEN TO BE SAFE AND EFFECTIVE



THERE IS A **0% CHANCE OF GETTING THE FLU FROM THE VACCINE**

Each vaccine is made from killed flu viruses, live viruses that are changed so they cannot give you the flu, or no viruses at all



The CDC estimates
MORE THAN 2.5 MILLION ADULTS 50+ WERE PROTECTED FROM THE FLU
by the flu vaccine

THE FLU VACCINE CAN HELP REDUCE THE SEVERITY OF THE FLU



It is estimated that
**DURING THE 2017-2018 FLU SEASON, VACCINATION HELPED
PREVENT MORE THAN 7,600 FLU-RELATED DEATHS IN ADULTS 50+**



It is estimated that the
**FLU VACCINATION HELPED PREVENT MORE THAN
84,000 HOSPITALIZATIONS IN ADULTS 50+**

NOW IS THE TIME TO GET THE VACCINATION THAT'S RIGHT FOR YOU